

Girlguiding Bedfordshire



The Short Tail Trail Challenge Pack



Welcome to the Artemis Challenge pack in celebration of Keech Hospice's Short Tail Trail!

This pack has been designed by a Queen's Guide participant in Girlguiding Bedfordshire, along with the County team, for the whole of Girlguiding Bedfordshire to enjoy. We have tried to link the activities to as many unit meeting activities and skills builders as we can, but have ensured to include fun elements too.

There are 4 themes to complete and there are different requirements for each section.



Rainbows 🌈: please complete 1 activity from each theme.

Brownies 🔍: please complete 2 activities from 2 of the themes and then 1 from the other themes

Guides ★ & Rangers 🏔️: please complete 2 activities from each theme

The themes are fairness & teamwork, animals & the environment, creativity and space! The meanings of the themes will become clear as you work your way through the pack, but they all have links to the Artemis name as imagined by Sue Jeans, a Guide Leader in Luton North Division.

As this challenge is a celebration of Keech's Short Tail Trail event in Luton, we have included a compulsory element to the challenge. This is to learn about Keech Hospice Care and their vital work and showcase your findings. This could be by making posters, recording a video, scrapbooking or fundraising of your own. Please share your findings in the most creative ways you can!

Key:

Additional Resources Attached ↓

Links to a UMA or Skills Builder 💡

Please share the fun online using **#shorttailtrail #hoponboard**
We can't wait to see your photos!

📘 [GirlguidingBeds](#) 📷 [girlguidingbeds](#) 📺 [bedsguides](#)
📘 [ShortTailTrail](#) 📷 [shorttailtrail](#) 📺 [ShortTailTrail](#)

Programme Links

Compulsory Clause (Learn About Keech)

- Charities – Brownies Interest Badge
- Campaigning About My Cause – Make Change Stage 1
- stART Making Change – Make Change Stage 3
- Money and a Message – Make Change Stage 4
- Wear Your Heart on Your Sleeve – Make Change Stage 4
- Be Zine, Be Heard – Make Change Stage 5
- Campaigning – Guides Interest Badge

Fairness & Teamwork

- Hungry Hippos – Particularly Peckish Penguins (Guides Know Myself UMA)
- Save Your Tail (Guide Be Well UMA)
- Fun & Fair – Rainbows Be Well UMA
- Does Equity = Equality – Equal Everything (Guides Be Well UMA) and Equality vs Equity (Take Action Rangers UMA)
- Fairness in Sport – Respect the Ref (Rainbows Be Well UMA)
- How to Succeed as a Team – Cheerleader vs Sneer Leader (Guides Be Well UMA), Come on Coach (Guides Skills for My Future UMA) and Dance Challenge (Innovate Stage 2)
- There's a Hole in My Bucket – Water Run (Brownies Be Well UMA) and Treasure Hunters (Guides Know Myself UMA).
- Team Challenge – All for One, One for All (Network Stage 2), Chain Reaction (Lead Stage 4), Team Effort (Network Stage 4) and Calm After the Storm (Network Stage 6).

Creativity

- Create your own piece of artwork – Pendulum Painting (Rainbow Express Myself UMA), Foam Favourites (Brownies Express Myself UMA), What's the Point (Brownies Express Myself UMA), Painting (Brownie Interest Badge), Splatter (Guides Express Myself UMA), Pass the Paintbrush (Guides Express Myself UMA) and Printing Pro (Rangers Express Myself UMA).

- Animal Attire – Wild Side Safari (Rainbows Know Myself UMA)
- Retell the Story – Storytelling Silhouettes (Guides Express Myself UMA) and Act it Out (Innovate Stage 2)
- Crack the Code – Brownies Express Myself UMA
- Remembering the Story – Storytelling Sticks (Rainbows Express Myself UMA)
- What if the Ending Changed? – Story Rewind (Rangers Express Myself UMA)
- Slow and Steady Wins the Race – Rope Race Challenge (Innovate Stage 2)
- Create a Sculpture – Clay Makers (Guides Express Myself UMA)
- Carnival Fun – Carnival Creations (Rainbows Express Myself UMA)
- Colour Dash – Colour Creation (Brownies Express Myself UMA)
- Structure Building – Build a Team Machine (Know Myself Network Stage 1), Plastic Free Planet (Rainbows Take Action UMA), Pass on Plastics (Brownies Take Action UMA), Build a Beast (Guides Express Myself UMA) and Recycle Revival/Survival (Guides & Rangers Take Action UMA).
- Animation – Rangers Interest Badge

Animals/Environment

- In general – Recycling (Rainbows Interest Badge), Nature (Rainbows Interest Badge) and Zero Waste (Brownies Interest Badge)
- All Creatures Great & Small – Brownies Take Action UMA
- What's Your Spirit Animal? – What's My Animal (Brownies Know Myself UMA)
- Animal Olympics – Animal Athletes (Guides Have Adventures UMA)
- Animal Habitats & Feeders – Bottle Mansions (Brownies Have Adventures UMA), Citrus Feeders (Guides Have Adventures UMA)
- Feed on Fruit – Rangers Have Adventures UMA
- Animal Invaders – Insect Invaders (Brownies Take Action UMA) and Red Vs Grey (Guides Have Adventures UMA)
- Privilege in the Animal Kingdom – Animal Advantages (Guides Take Action UMA)
- Take Care of Your Pets – Animal Matchmakers (Brownies Take Action UMA) and Animal Lover (Rainbows Interest Badge)
- Endangered Species – Go Wild! (Guides Take Action UMA), Converse to Reverse (Rangers Take Action UMA)
- Biodiversity – Biodiversity Blitz (Guides Have Adventures UMA)
- Plastic Problem – any of the UMAs below

1. Rainbows Recycling Centre – Rainbows Take Action
2. Ready Set Recycle – Rainbows Take Action
3. Waste of Time – Rainbows Take Action
4. Un-Fantastic Plastic – Brownies Take Action
5. Trash Fashion – Brownies Take Action
6. To Flush or Not to Flush – Guides Take Action
7. Packaging Puzzle – Guides Take Action
8. Litter Lotto – Guides Take Action
9. Plastic Planting – Guides Have Adventures
10. Carbon Calculator – Guides Take Action
11. Wrap It Up – Guides Take Action
12. Plastic Fantastic – Rangers Skills for My Future
13. Plastic Personas – Rangers Take Action

Space

- In general – Brownies SPace Interest Badge
- Blast Off! – Blast Off (Rainbows Have Adventures) and Fizzy Flying (Brownies Have Adventures UMA)
- Astronaut Training – Astronaut Academy (Rainbows Have Adventures UMA), Keep On Throwing (Brownies Be Well UMA) and Head, Shoulders, Knees and Cone (Guides Be Well UMA).
- Solar System – Spinning in Space (Rainbows Have Adventures UMA), Space Safari (Rainbows Have Adventures UMA) and Planetary Puzzles (Brownies Have Adventures UMA)
- Space Phenomenons – Comet Catching (Brownies Have Adventures UMA), Black Hole Breakout (Guides Have Adventures UMA), Cosmic Clues (Guides Have Adventures UMA), Interstellar Engineers (Guides Have Adventures UMA) and Information Overload (Guides Skills for My Future UMA)
- How Did the Universe Begin? – Start with a Bang (Brownies Have Adventures UMA) and Big Bang (Rangers Have Adventures UMA)
- Living & Surviving in Space – Skills in Space (Brownies Have Adventures UMA), Houston We Have a Problem (Rangers Have Adventures UMA) and Intergalactic Snacks (Guides Have Adventures UMA)
- Constellations and Star Signs – Night Sky Observers (Brownies Have Adventures UMA) and Written in the Stars (Explore Stage 4)
- Large Hadron Collider – Collision Course (Guides Skills for My Future UMA)

- Space Trip – Galactic Getaway (Guides Have Adventures UMA) and Spaced Out (Guides Have Adventures UMA)
- Lava Lamps – Solar Simulation (Guides Have Adventures UMA)
- Robot Space Expedition – Ranger Rovers (Rangers Have Adventures UMA)
- Starry Sensations – Rangers Have Adventures UMA

Fairness & Teamwork

The Short Tail Trail is a showcase of hares and tortoises across Luton during Summer 2024. The sculptures have all been designed/sponsored by local companies, charities and community groups.

The story of the Tortoise and the Hare is an Aesop's fable, which shows that despite the odds, we can achieve anything! This is embodied by Girlguiding's strapline 'Girls Can Do Anything'. By making the race equitable, both characters had a chance at winning. 2024 is also the year of the Paris Olympics, which is a showcase of teamwork as athletes compete for their countries. Teamwork makes the dream work as they say!

This section is all about learning how to be fair and work well with others. How can working in a team make a task easier or more enjoyable?

Activities:

1. Play the Hungry Hippos game, but now you are hares & tortoises! How will you survive in this 'animal feeding frenzy'? 💡
2. Is this Fair? – Play this sorting game to discuss which of these situations are fair and why. We may all have different opinions of what is fair and what isn't and that is okay. ⬇️
3. Save Your Tail – A hare's tail is vital as they help them to escape predators. Can you escape the clutches of your fellow Girlguiding members (hares) in this game of save your tail? 💡
4. Pin the Tail on the Hare – Can you work together as a team to pin the tail on the hare? You could also try and pin on the ears too! ⬇️
5. Fun & Fair – Commissioners, advisers and division teams played this game on Girlguiding Bedfordshire's recent training day. Can you throw the ball into the bucket, if you all start from different positions? 💡

6. Does Equity = Equality? – How can we ensure that situations are fair for everyone? Take part in this activity to find the best strategies to encourage equity. 💡
7. Untangle Yourself – stand in a circle and reach over and hold other people's hands. Now, can you untangle yourselves? Luckily, hares' ears don't get tangled like your arms are!
8. Fairness in Sport – Artemis is derived from Ancient Greece, which is also the birthplace of the Olympics. 2024 happens to be the year of the Paris Olympics! There are many team sports included in the Olympics, all of which have a referee to ensure fairness and sportsmanship across the board. What would happen if we didn't have referees? Play this game of dodgeball to find out. 💡
9. Why the Hare Has No Tail – a leader/helper from the unit will read this story from Africa, but we will turn it into the buses game! Line each girl up on chairs opposite each other and assign each one with a name/word from the story. When each name/word is called the pairs have to run up the bus, around the sides and back to their seat as fast as possible in order to get points for their team. ⬇️

Name/Word Ideas:

- Tails/Tail
- Chewa
- Ilola
- Jabali
- Chiumbo
- Zeburi
- Nomandla
- Animals – Everyone runs

10. How to Succeed as a Team – if you are playing in a team, you need to encourage each other to succeed and not push each other down. Practise your best words of affirmation to help each other thrive and achieve your shared goal. 💡
11. There's a Hole in My Bucket – can you transport the water from one place to the next working together as a team? However, there may be a twist involved... 💡
12. Team Challenge – Take part in these series of activities as a team, with only one member being able to complete each challenge. Which team member is best suited for each task? How can you work together to ensure your success? 💡

Creativity

Artemis was decorated using splatter painting techniques by Rainbows, Brownies, Guides, Young Leaders and adult volunteers from across Girlguiding Bedfordshire. Express your creative side in this section 🎨

1. Create your own piece of artwork – what can you create using splatter painting and other painting techniques? 💡
2. Animal Attire – Make hare headbands, hare masks or tortoise masks! ⬇️ 💡

Complete 1 of the activities below to retell the story (3–6). Each is a UMA for a different section. You can use the story of the Tortoise and the Hare (attached) or the Luton rendition as written by Linsey Sweet (CEO of Love Luton) which is available to buy here. [Link to buy the Short Tail Trail book](#)

3. Retell the story – can you retell the story of the Hare & the Tortoise, but by only using shadow puppets and hand gestures? 💡 ⬇️
4. Crack the Code – Alternatively, can you retell the story by only using codes to explain the different sections of the story? I.e (beginning, middle and end). Each group should be given 1 part of the story to retell. 💡 ⬇️
5. Remembering the Story – Try this activity designed for Rainbows which involves remembering the different parts of the story. (See the story sequencing cards and stick story sheet attached) 💡 ⬇️
6. What if the ending changed? – How could you change the story of Aesop's fable? Create your own rendition through a dance, drama scene, song, craft or a written story. 💡
7. Activity sheets – take part in some of our hare themed activities from the sheets attached or complete the Artemis wordsearch. ⬇️

8. Slow & Steady Wins the Race – Create an obstacle course, with different sections having to be completed slowly and steady. Slow and steady wins the race! 💡
9. Colour my World – Colour in some Tortoise & the Hare themed colouring sheets ↓
10. Create a Sculpture – Can you create your own Tortoise or Hare? Try to mould a sculpture using clay or plasticine! Maybe you could play the plasticine game and mould different items from the story, with the rest of your group trying to guess what it is. 💡
11. Carnival fun! – The Short Tail Trail is a celebration of Luton’s culture and the annual carnival plays a large part in that. Create your own carnival headdress and celebrate in style! 💡
12. Colour Dash – The idea to splatter paint Artemis was derived from the idea of a colour dash. Luton Colour Dash is held every year, to raise funds for Luton Foodbank. It’s also common during the Hindu Festival of Holi, which is the festival of colours! Try mixing your own colours and making a colourful painting to learn about Holi.. 💡
13. Structure Building – Create your own sculpture using recycled materials, which could be displayed as part of the Short Tail Trail. How does your design look before you build it? Where would you showcase your design? 💡
14. Animation – Create your own animation to represent the morals included in the story of the hare and the tortoise. The characters don’t have to be the same, nor does the storyline but you need to merge the morals into a story of your own and create a stop-motion animation. 💡

Animals/Environment

The Short Tail Trail is a showcase of hare & tortoise sculptures which are both sadly under threat across the world. Brown hares do not have any legal protection in the UK and can sadly be shot at any time during the year, often as part of game shoots. Of the 360 known species of tortoises, more than half are being threatened in the wild. How can we protect tortoises, hares and other animals in our amazing and diverse world? Learn about the animal kingdom and biodiversity in this section.

1. All Creatures Great & Small – How can you help to protect animals in your everyday lives? Discuss how in this activity which is designed for Brownies. 💡
2. What's Your Spirit Animal? – A spirit animal is a creature who faces the world the same way you do: who is social or antisocial, fearful or bold, playful or serene just as you are. It's the animal species whose Platonic ideal would be most likely to choose the way you do in any given situation. Complete one of these quizzes to find out which one you are, or act out how you think different animals would behave as humans. 💡
play.howstuffworks.com/quiz/whats-your-spirit-animal
www.buzzfeed.com/geico/what-animal-were-you-born-to-be
www.spiritanimal.info/spirit-animal-quiz
3. Animal Olympics – Host your very own animal olympics! Take part in a variety of challenges to see how you compare. 💡
4. Animal Habitats and Feeders – Create your own beehouse, insect hotel or citrus feeder to help the wildlife in your area. 💡
5. Feed on Fruit – Can you eat an orange but with a challenge facing you? Animals have to adapt to different environments, climates and challenges, so... can you? 💡

6. Animal Invaders – Animals regularly invade different habitats and endanger the existing wildlife. This happens with many different species, like the European & Irish Hares, or Red & Grey squirrels. Create your own wildlife survey to track species changes in your area and play a game to see how invasion would feel in the animal kingdom. 💡
7. Privilege in the Animal Kingdom – Privilege exists in the human race, but it does in the animal kingdom too. Why do some animals need to defend themselves, whilst others are the leaders and predators? Find out how privilege affects animals and humans too and how can we recognise it? 💡
8. Take Care of Your Pets – Approximately 900,000 tortoises are kept as pets in the UK equating to 1.8% of households. I had a pet tortoise at school in year 3! However, is it safe for you to keep a pet tortoise in your home? How can you make it safe and comfortable for them? 💡
9. Endangered Species – Across the world wildlife is at risk and one of the largest causes of this is climate change. However, there are many other reasons why too! What are these risks and how can we minimise them in our everyday lives? 💡
10. Tortoise's & Hare's Perfect Home – Find out about which habitats are best for tortoises and hares to live in. ↓
11. Biodiversity – According to the WWF, biodiversity is all the different kinds of life you'll find in one area—the variety of animals, plants, fungi, and even microorganisms like bacteria that make up our natural world. Each of these species and organisms work together in ecosystems, like an intricate web, to maintain balance and support life. How many species can you find in your local outside area? Take part in a biodiversity blitz to find out 💡
12. Plastic Problem – We all know that plastic and especially single-use plastic damages our environment, as it does not biodegrade easily and can harm wildlife. Take part in a series of the UMAs on the programme links page which are related to plastic or are solutions for using less plastic. Please complete 2 activities for this challenge.

Space

Artemis is a NASA project which is aiming to put the first woman and the first person of colour on the moon. What else is there to learn about the magic that is space?

1. Blast Off! – Rockets shoot into space 🚀 Make your own and see how high it will go. 💡
2. Astronaut Training – Do you have what it takes to be an astronaut? Complete some astronaut training to find out. 💡
3. Solar System – Do you know the planets in the solar system and how they work? Find out more about each one by completing one of the relevant activities on the programme links page. 💡
4. Space Phenomenons – Amazing things happen or are located in space which you cannot always see on Earth. Play these games to find out more about comets, stars, black holes, satellites and the International Space Station. 💡
5. How Did the Universe Begin? – Retell the story of how the universe began and what the Big Bang was. You can make up your own story to showcase the universe's origins through any medium (dance, acting, posters etc). Or, take part in one of the activities designed for Brownies or Rangers about the Bing Bang.. 💡
6. Living & Surviving in Space – Gravity in a shuttle in space is only 80% of what it is on Earth, which would make everyday tasks really difficult. What would you do if there was a problem in space? See how many of these tasks you can complete by replicating features in space and try making your own space food too. 💡

7. Constellations & Star Signs – According to the zodiac, everyone has a star sign which is also a constellation. Find out your own star sign and see if you can spot it and other constellations in the sky by creating your own constellation map.  
8. Large Hadron Collider – Atoms make up everything that we see and touch. Make your own machine, like the Large Hadron Collider and watch atoms collide! 
9. Space Trip – How long would it take for you to travel to space? What would you plan to do on your journey? Create a bracelet to discover how far you would have to go and an advert to advertise your trip. 
10. Lava Lamps – How does the sun work? Create your own lava lamp to showcase space in your home. 
11. Robot Space Expedition – Many areas of space are not currently accessible to astronauts and so robots are sent in their place. Can you design and make a robot to survive space's harsh conditions? 
12. Starry Sensations – How do you think stars would feel if you touched them? Create your own story about the life cycle of a star using sensory items. 

Artemis – The Short Tail Trail Badge Order Form

Cost

Badges £2.60 each
(£2.10 goes directly to Keech Hospice)
Postage £1.50 (up to 10 badges)
Postage £2.50 (over 10 badges)
Postage £3.00 (over 50 badges)



Order Details

To order badges please send the following details
to artemis@bedsguiding.org.uk

Unit Name (if within Guiding/Scouting)

Contact Name

Contact Address

Number of Badges required

Total Amount paid

Payment Details

Please send payment by bank transfer to:

Bedfordshire Guide Association (business account)

Sort Code 30-14-71

Account Number 00929293

Please use code 24-019 and your postcode in the reference field.

If you wish to pay by cheque, please post your cheque,
with the code 24-019 written on the back, to:

Short Tail Trail Badges 2024

Girlguiding Bedfordshire

c/o 145, Holme Court Avenue

Biggleswade

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